

OUTSIDE INSIDE Newsletter

LET'S GO
OUTSIDE AND
LEARN

NATURE ACTIVITIES FOR HOUNSLOW RESIDENTS IN 2020

Funded through the Hounslow Thriving Communities Response Fund
Let's Go Outside and Learn CIC Registration 9435120

Newsletter 5 / August 2020

Welcome to our newsletter!



Success

Thank you for the picture of the seedlings germinating from the growing packs



Activity 4 - Investigating Spiders

Thank you for all the photos that you have been sharing this week, we have included some of them in the newsletter. Please keep them coming.

The activity this week is looking for spiders in our house and gardens to identify them from the amazing webs that they build. Read how they do this and watch some a time lapse video in our most recent [activity sheets](#).

Take a trip to the Metropolitan Art Gallery to visit an exhibition called the [Art of the Spider](#). Spider webs have been a source of artistic inspiration, as seen in a collection of works spanning three centuries.

Join our weekly meetings from the safety of your home!

The weekly meetings are a great way to explore nature and meet new people. We meet every Tuesday at 11am for an hour for a telephone conference call to discuss nature related topics, to share experiences and keep in touch. It is easy to join, you can take part in some great activities as well as meeting new people.

Phone or email to find out how to join in. outdoor.learning@outlook.com

There are new activities included on our [website](#) every week under the tab **NATURE**



A CUPPA &
a chat

BYO*

*For now you must provide your own Cuppa, but once we can spend time together in the park we will provide it for you.

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Connect with others and explore nature from the safety of your home.

We can't take you out for a stroll just now, but join our nature-based activities to learn something new, awaken your senses and connect with others.
See website for weekly activity details www.lgoal.org
TO JOIN IN PLEASE REGISTER. EMAIL outdoor.learning@outlook.com OR
Phone Mairi 07939001731 or Frances 020 8401 6837
facebook.com/LetsGoOutsideAndLearn/
Let's Go Outside and Learn CIC Registration Number 9435120

Growing bags

If you know someone who would benefit from gardening at home, let us know and we will arrange to deliver one of our growing bags which contains soil, seeds, pots a diary and other goodies.

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Photo of the week

Taking notice of the world around you can be very rewarding. Thank you for this amazing picture of the pattern made by a leaf miner, an insect in its larval stage that lives in, and eats, the leaf tissue of plants.

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